

# THE RESEARCH NOOK

A Waypoint Research Institute Newsletter

In this edition of *The Research Nook*:

- Welcome to *The Research Nook*!
- New project funding
- Strategic and operational updates
- WRI spotlights
- The PCFC corner
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## WELCOME TO THE WRI NEWSLETTER!

Introducing "*The Research Nook*" – your research rendezvous! Starting this month, we'll be sharing captivating insights from the Waypoint Research Institute. Every quarter, get ready for a thought-provoking dive into the world of mental health research.

"*The Research Nook*" aims to keep you informed, inspired, and connected to the groundbreaking research taking place right here at Waypoint. Here's what you can expect:

- Overviews and practice implications of our active research projects
- Opportunities for Waypoint staff to become involved in research
- Patient, clinician, and research staff spotlights
- And much more!

Whether you're a clinician, nurse, support staff, or any member of our dedicated team, we believe that fostering a culture of knowledge and curiosity benefits us all and ultimately enhances the care we provide to patients. Get excited and spread the word! Let's embark on this thrilling research journey together.

- The Waypoint Research Institute



# NEW PROJECT FUNDING

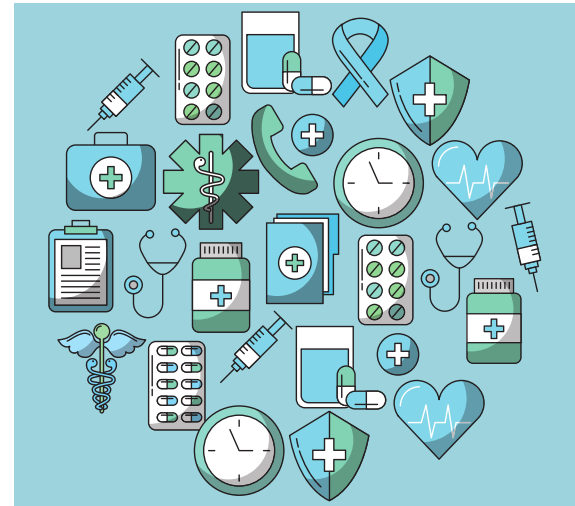


## THE IMPACTS OF COVID-19 MEASURES ON THE LIVES OF PEOPLE WHO USE OPIOIDS AND THOSE CLOSEST TO THEM

The Canadian Institutes for Health Research (CIHR) awarded **Dr. Bernard Le Foll**, Linda Adams, and their research team \$149,593 for 2022 to 2023. They will investigate the effects of the COVID-19 pandemic public health measures from the perspective of people who use opioids, service providers, and families. These insights will inform future policy options during the current and future public health emergency responses. [Click here](#) to read our Research Overview for this project.

## STRENGTHENING THE DELIVERY OF INTEGRATED CARE IN SPECIALIZED MENTAL HEALTH SETTINGS FOR ADULTS EXPERIENCING SERIOUS MENTAL ILLNESS

The Centre for Addiction and Mental Health (CAMH) recently received \$148,733 for 2022 to 2023 by the Canadian Institutes for Health Research (CIHR) for a project being co-led by the WRI's **Dr. Christopher Canning**. This project aims to provide feasible, safe, effective, and patient-centered policy options to support the delivery of integrated healthcare in mental health settings in Canada, and decrease health disparities for adults experiencing serious mental illness. [Click here](#) to read CIHR's official announcement.



## PATIENT-ORIENTED RESEARCH WORLD CAFÉ EVENT

The WRI was awarded \$5,901 from Canadian Institutes for Health Research (CIHR) for 2022 to 2023 to host a café on patient-oriented research. Led by **Dr. Christopher Canning** and **Arina Bogdan**, this event brings together researchers, clinicians, patients, and patient partners to discuss how to safely and equitably conduct patient-oriented research within forensic mental health settings. We anticipate the event will be held in Spring 2024. [Click here](#) to read CIHR's official announcement.

## NUTRITIONAL INTERVENTIONS IN THE MANAGEMENT OF CHILDHOOD/YOUTH AGGRESSION

**Dr. Barna Konkoly-Thege** received a \$205,000 grant for 2022 to 2023 from the UK Foundation through the Youth Endowment fund to conduct a systematic review and meta-analysis. This review will synthesize evidence on nutritional intervention (both diet and supplements) for the management of aggressive behaviour in children and youth- to better understand possible treatment outcomes. [Click here](#) to read our Research Overview for this project.



# STRATEGIC AND OPERATIONAL RESEARCH UPDATES

## »»» CIHR ELIGIBILITY

Waypoint is now identified as an Eligible Institution (Institution Paid) and is authorized to administer Canadian Institutes of Health Research (CIHR) grant and award funds of recipients affiliated with our organization. What does this mean for Waypoint? Moving forward all CIHR grant applications can be submitted directly to CIHR.

## »»» NEW RESEARCH APPROVAL PROCESSES

We have updated our review and approval process for grant and new project applications! Most reviews will now remain within the WRI, with little need to go to the Senior Leadership Team (SLT) for approval. We have developed step-by-step guides on each process, outlining the required documents and review timelines. These guides and more information can be found [here](#).

## WRI SPOTLIGHTS

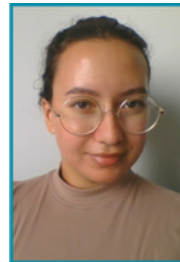
### »»» SUMMER STUDENT ACADEMIC PLACEMENTS

Introducing our four 2023 Canada Summer Job students: Chaz, Sarah, Alexandra, and Ryan! They will be working with us until August 18th. Here's what they have to say about starting their Academic Placement with the WRI:



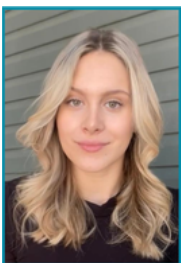
#### **CHAZ ROBITAILLE**

I am excited to be a part of such a wonderful team here at the WRI, and I hope we accomplish much in the time that I am here.



#### **ALEXANDRA CAMPBELL**

I'm excited to be back, working with the WRI team, and seeing how it has expanded over the past few years. Being involved in the different stages of the research process excites me.



#### **SARAH ALLEN**

I am thrilled to be a part of the WRI and am eager to learn from and assist this incredible research team. I hope to develop research relevant skills and get involved in a variety of projects.



#### **RYAN KHOSROVANEH**

I am honoured to be a part of the WRI and to work closely with members of this amazing team. I look forward to contributing to mental health research.



### THE PCFC CORNER



Hi! My name is Amber Scott. As the Patient-Oriented Research Lead at the Patient/Client Family Council (PCFC), I provide a patient and family perspective for projects, promote equity, and consult with different groups to ensure patient voices are prioritized. I facilitate relationship building between patients, researchers, and hospital staff, fostering collaboration and a shared commitment to patient-centered care. Check back every quarter for more news from PCFC!

### »»» THE WRI IS HIRING!

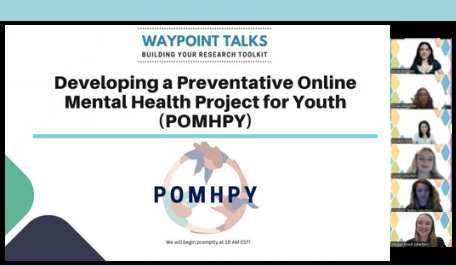
We are currently recruiting for the following position(s):

- **Research Chair in Forensic Mental Health Science (WC23-183)**

Spread the word and share this opportunity with anyone who may be interested in joining us!

# RECENT EVENTS

## ▶▶▶ WAYPOINT TALKS: BUILDING YOUR RESEARCH TOOLKIT



Dr. Soyeon Kim, Dr. Elnaz Moghimi, Dr. Kimberly Belfry, Sarah Farr, Arina Bogdan, and Megan Brush led an interactive workshop entitled "*Developing a Preventative Online Mental Health Program for Youth (POMHPY)*". A recording of the event can be found [here](#). Our Research Overview can be found [here](#).

## ▶▶▶ NORTH AMERICAN CORRECTIONAL AND CRIMINAL JUSTICE PSYCHOLOGY CONFERENCE (N5)



This event was held in Conjunction with the Canadian Psychological Association's (CPA's) 84th Annual National Convention. Dr. Zoe Hilton was the chair of the Conference Steering Committee. She and Elke Ham, Dr. Soyeon Kim, Dr. Meghan Weissflog, and Natalie Rajack led several presentations on intimate partner violence (IPV). Some presentation titles include: "*Coercive control in police reports of IPV: Conceptual definition and association with recidivism*", "*A scoping review of the lived experience, measurement, and policing of coercive control in 2SLGBTQQIA+ relationships*", and "*Criminogenic needs, risk management, and recidivism among men who use intimate partner violence*".

## ▶▶▶ AMERICAN PSYCHIATRIC ASSOCIATION (APA) ANNUAL MEETING



Dr. Soyeon Kim presented on "*Screen time and externalizing problems among youth during the pandemic*". A Research Overview for this project can be found [here](#). Additionally, Dr. Nathan Kolla received the Manfred S. Guttmacher Award in recognition of his outstanding contribution to the literature of forensic psychiatry.

## ▶▶▶ THE CANADIAN ACADEMY PSYCHIATRIC AND THE LAW (CAPL) ANNUAL CONFERENCE



During the event, Dr. Meghan Weissflog presented on the "*Impact of the COVID-19 pandemic on the use of restraint interventions among legally-referred patients in Ontario emergency departments*".

## ▶▶▶ WAYPOINT MEDICAL EDUCATION ROUNDS



Dr. Bernard Le Foll was a panelist for this Waypoint-led event. He and his colleague discussed "*Substances: The Good, The Bad & The Reality*".



## YOUR VOICE MATTERS!

We want your input. What stories or updates would you like us to profile in our next edition? If you have any suggestions or would like to contribute to writing for our newsletter, please email us at [waypointresearchinstitute@waypointcentre.ca](mailto:waypointresearchinstitute@waypointcentre.ca)



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